

# SCHOOL COUNSELING SPOTLIGHT!

## McMurray Elementary School

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**Welcome back! We hope everyone had an exciting and relaxing summer and have had a successful start back to school! We would like to extend an extra welcome to our incoming fourth graders and families new to Peters Township. Welcome! We look forward to working with you and getting to know your children throughout the year. Please don't hesitate to call or email with any questions or concerns you may have. Have a wonderful school year!**



### Contact your child's School Counselor for help with:

- Short-term counseling in the school setting
- Lunchtime friendship group for your child
- Referral information for local mental health and behavioral health services including: outpatient therapy and counseling, grief counseling, social skills groups, neuropsychological evaluations, psychiatric services, home-based services, and more
- Bullying/student behavior concerns
- Request a 504 Plan/Service Agreement, special education or gifted evaluation for your child
- McMurray Tutor List
- Financial resources including applications for free/ reduced lunch, CHIP and the McMurray Scholarship Fund (provides field trips, book fair certificates and more to students in need)

### The Role of the Elementary School Counselor

#### Planning, Organizing, Facilitating...

#### COUNSELING SERVICES

Self-Esteem	Feelings Management
Changing Families	Friendship Groups
Conflict Resolution	Social Skills
Grief Counseling	
Organization/Study Skills	

#### CLASSROOM LESSONS

Meet the Counselor	Anti-Bullying
Stress Reduction	Goal Setting
Self-Esteem	Career Development

#### SCHOOL-WIDE ACTIVITIES & EVENTS

Career Day	Red Ribbon Week
HERO Program	Anti-Bullying Week
Character Counts	Student Ambassadors

#### SUPPORT SERVICES

Transition Services	Kid Talk Meetings
IEP/504 Meetings	Scholarship Fund
Award Ceremonies	New Student



*McMurray Elementary. . .*

*Where a good mind and a good heart always make a great combination!*

